



Healing Circles Practicum Overview

Deepening the Practice

The practicum runs for six consecutive weeks. During each session, about half the time is devoted to practice in which learners conduct circles as hosts and guardians in a safe and supportive environment. The other half of each session is devoted to reviewing principles of practice and addressing learners' questions. Participants who sign up for this practicum are asked to commit to a 6 sessions series. Experience shows us that full participation facilitates group cohesion and maximizes individual development.

Session One: Introduction and overview

- Understanding the components of what makes a circle healing, barriers facilitators have encountered in this experience, and lingering questions
- Introducing circles of one

Session Two: The roles of host and guardian

- Engaging participants in roles and practice
- Embodying circle roles throughout the development, implementation, and debriefing of circles, as leaders together

Session Three: The power of the agreements

- Getting familiar with, and practicing, the agreements; noticing opportunities inside and outside formal circles; deepening our understanding and intention to hold circles

Session Four: Diving deeper into confidentiality

- Curating collective wisdom on how to handle the most common challenges that occur during circles
- Learning practical ways to establish and maintain confidentiality and time boundaries. Responding to times when agreements are not being upheld

Session Five: Strategies to making circles deeper, richer, more accessible, and livelier

- Trusting your intuition, finding comfort to “go off script,” and holding impromptu/abbreviated/specialty circles

Session Six: Putting it all together

- Developing confidence in planning and delivering engaging circles
- Helping hosts and guardians continue to learn from one another and addressing any remaining needs, questions, and collaboration ideas.